



# ROSSMOYNE REFLECTIONS

NEWSLETTER NO. 2

Friday 5 March 2021

Virtue of the Month for March—Tolerance

Next Newsletter—1st April 2021

*Together we empower global citizens.*

## PRINCIPAL'S MESSAGE



### School Board

The School Board is an important decision making group of our school comprising of staff, parent and community representatives. The Board is involved in activities such as reviewing policies, monitoring our school budget and analysing our student performance data. The Board meets once or twice each term on a Monday evening.

On behalf of the school community, I would like to thank Jessica Nailer for nominating for one of the Parent Representative vacancies advertised in the last newsletter, and congratulate her on being elected unopposed.

There is still one Parent Representative vacancy on our School Board. If you would like to nominate for this position, Nomination Forms are available by contacting the front office. Nominations close at 2.00 pm on Monday 15 March. If more than one nomination is received, I will conduct an election. Please don't hesitate to contact me should you wish to discuss this opportunity.



### NAPLAN Online

Our Year 3 and 5 students will participate in the NAPLAN (National Assessment Program Literacy and Numeracy) Online Assessments between 11 to 21 May this year. The students will participate in reading, writing, conventions of language (spelling, grammar and punctuation) and numeracy tests. Information Sheets have been sent home with all Year 3 and 5 students. Please check your child's school bag for the sheet.

### Staffing Update

On behalf of the school community I would like to welcome Mr Choy Lee to our school. He has been appointed as our YouthCARE Chaplain for this year while Mrs Shapcott is on leave. We have also welcomed Mrs Walsh to our teaching team. Mrs Walsh is working in a variety of capacities including providing support in classrooms. Mr David Martin has also commenced as our Gardener and Handyperson while this position is advertised.

### Future Website

The Department of Education has launched its New Future website for students. The site contains content designed to get young people thinking about how they can apply their skills and explore their interests in a rapidly changing world. The site can be accessed at [www.newfuture.wa.edu.au](http://www.newfuture.wa.edu.au). Parents/carers who would like to start conversations with their children about

their future skills and pathways, might also find the following site useful - [www.education.wa.edu.au/future-skills-and-pathways](http://www.education.wa.edu.au/future-skills-and-pathways)

We are a Nut Aware School



Please remember that we are a nut aware school as we have a significant number of children with severe nut allergies. To avoid the likelihood of a tragic outcome, please avoid sending nuts and nut based products to school in your children's lunchboxes including muesli bars and peanut butter sandwiches. For some children, even the slightest brush with nut residue can lead to a reaction.

*Rochelle Williamson*

Principal

### Upcoming Events

- \* 18 March - Room 24 Harmony Day Assembly
- \* 22 March - P&C General Meeting, 7 pm
- \* 26 March - Edudance Concert 1
- \* 29 March - School Board Meeting
- \* 30 March - Interschool Swimming Carnival
- \* 31 March - Edudance Concert 2
- \* 1 April - Room 20 Assembly
- \* 1 April - Last Day of Term 1
- \* 19 April - Students Return for Term 2

## Our Current Priority Areas

1. Excellence in Teaching
2. Successful Students
3. Health and Well-being
4. A Connected Community

## Our Code of Conduct

School community members will display behaviours that uphold our four school values—integrity, respect, courage and belonging.



## Merit Certificates

Congratulations to the following students who received Merit Certificates at our recent assemblies. Keep up the great work!

Room 8 Doris Quinn Jayven Liv	Room 9 Lily Yashas Maya George	Room 10 Kyarah Mia Scarlett Isabelle
Room 13 Alex Tazmeer Annabel Kevin	Room 14 Narin Oliver Hunter Callum	Room 15 Yuening Michael Chantelle Thomas
Room 16 Celeste Aaron Kobe Kate	Room 17 Felix Boe	Room 18 Idan Sophie
Room 19 Matthew Sophia Aaron Nikita	Room 20 Melissa Ahmed Julia Joshua	Room 21 Amy Brodie Yi Xun Amie
Room 22 Faustina Daniel Amber Adelaide	Room 23 Zoe Ava Pilot Sophia	Room 24 Talha Yasna Abigail Evie Cameron
Room 25 Emily Lincoln George Emma	Room 26 Cameron Boitshepo Shaun Alexandria	Languages (Chinese) Room 16 Room 19



### A Message From Chappy Lee

Hi everyone. Thank you for welcoming me into the school family. I am privileged to be your new Chaplain (or you can call me Chappy), taking the place of Chappy Renee who has done a wonderful job of providing pastoral care in the last three years. My job is to provide a listening ear; to understand your concerns; and to support staff, students, and sometimes even **parents, with personal challenges. You may be asking 'What type of help may I need?' It may simply be a worry, a fear, an argument/fight, being sad/angry or just feeling stuck. You do not need to face your challenges alone. I will be at school every Wednesday and Friday and I look forward to getting to know all of you throughout the course of the year and will endeavour to learn everyone's names.**

***"Keep smiling—it will make the world a better place."***



## Harmony Day 2021

Our Harmony Day celebrations will take place on Thursday 18th March. All students are invited to wear their National Costume or wear something orange (the Harmony Day colour) on the day. Our Harmony Day Assembly will be hosted by Room 24. Unfortunately, due to Covid, our Harmony Day Family Lunch is not being held this year, and only parents/carers from Room 24 are able to attend the assembly. However,

**we'll be sure to share photos in our next newsletter.**



**National Day of Action against Bullying and Violence**

### National Day of Action Against Bullying and Violence

Our school has again registered to participate in the National Day of Action Against Bullying and Violence being held on Friday 19th March. Bullying prevention is **everyone's responsibility. Our school aims to create a safe and supportive school community, but parents and carers are also an important part of our work to prevent bullying and to respond effectively if it does happen. Parents/carers know their children best and know the best way to tailor communication to their needs. Below are some tips that you may like to adapt to what works for you and your child. If your child talks to you about bullying:**

1. Listen calmly and get the full story.
2. Reassure your child they are not to blame.
3. Ask your child what they want to do and what they want you to do.
4. Visit [www.bullyingnoway.gov.au](http://www.bullyingnoway.gov.au) to find some strategies.
5. Contact the school.



## Parking and Road Safety

I am continuing to receive concerns about the speed and conduct of some drivers on Second and Third Avenues and Central Road. PLEASE HELP US KEEP OUR CHILDREN SAFE! THEY ARE WORTH SO MUCH MORE THAN A MOMENT OF INCONVENIENCE.



### PLEASE:

- do not do a u-turn in the middle of the road;
- do not drive onto the wrong side of the road to overtake a car that is reverse parking or waiting to drive into a bay;
- do not enter a car bay from the wrong direction;
- remember the 40km hour limit during 7.30 to 9.00 am and 2.30 to 4.00 pm; and
- only park in designated areas.

BEING PATIENT MIGHT HELP TO PREVENT AN ACCIDENT OR A TRAGIC OUTCOME FROM OCCURRING.



### City of Canning Speed Zones Survey

The City of Canning is currently seeking the community's views towards vehicle speeds on local streets. You are invited to complete a short online survey before 5 pm on Friday 9 April 2021. <https://www.yoursaycanning.com.au/speedzones>



2021 School Clean Up Day  
Thanks to the classes who participated in last  
Friday's School Clean Up Day.



## What's Been Happening in Sport?

- Morning Running Club: Morning Running Club has started again on Monday, Wednesday and Friday mornings from 8:15-8:30 am. **We have had a really pleasing response so far, and it's great to see some new faces coming along to try** and become fit and healthy. Everyone who attends will receive a raffle ticket to go in the Phys Ed draw to win brand new equipment. Keep up the good work!
- Inter-school Cricket Carnival: the Cricket Carnival has been postponed to Term 4 due to all schools having busy schedules and not being able to negotiate a suitable date.
- Faction Swimming Carnival: we had our Faction Swimming Carnival last Friday. It was a great event and all of the students who attended gave their absolute best effort when competing. The results were as follows;
  - 1<sup>st</sup> - Gold - 153 points
  - 2<sup>nd</sup> - Green - 152 points
  - 3<sup>rd</sup> - Red - 96 points
  - 4<sup>th</sup> - Blue - 76 points

Congratulations to everyone who attended the carnival, and special congratulations to the following Champions and Runner Ups:

  - Junior Boys - Champion - Ezekiel H, Runner Up- Silvanus C
  - Junior Girls - Champion - Rosemary H, Runner Up - Ivy W
  - Year 5 Boys - Champion - Michael L, Runner Up - Ian S
  - Year 5 Girls - Champion - Meg D & Emily W, Runner Up - Ellie M
  - Year 6 Boys - Champion - Mikhail I, Runner Up- Isaac L
  - Year 6 Girls - Champion - Maya D, Runner Up - Penny S
- Inter-school Swimming Carnival: students selected from the Faction Swimming Carnival will compete in the Interschool Swimming Carnival at Fremantle Aquatic Centre on Tuesday 30<sup>th</sup> March, 12:30-3:00pm.





### What's Been Happening in Languages (Mandarin)?

Welcome to the Year of the Ox! Recently, students have been learning about Chinese New Year. The original name for Chinese New Year is Spring Festival and is celebrated for fifteen days. On 18th February, Room 23 hosted a Chinese New Year Assembly. A lion dance was performed by Kiara and Lara to open the assembly and welcome the Year of the Ox. This was followed by a play called "The Legend of the Beast, Nian". It is also known as "The Legend of the Chinese New Year". It is a story set a long time ago in a village in China, where there was a beast called 'Nian' ('Nian' means 'Year' in

Chinese) who came out every New Year's Eve to scare the villagers. To avoid being attacked by the beast, the villagers would hide deep in the mountains. On one New Year's Eve, a wise old beggar scared away Nian with three things—bright lights, the colour red, and the noise of burning bamboo. And so, on every New Year's Eve since, each household in the village would paste red couplets and let off firecrackers to scare away the "Nian", the beast, as well as to welcome the Chinese New Year. Nowadays, other bright and red coloured cultural items are also used as decorations to celebrate the New Year, Spring Festival. The assembly ended with the whole class singing a Chinese New Year song. Everyone did a wonderful job!



### Community Health Nurses in Primary Schools

Community nurses work collaboratively with schools to enable comprehensive health services to children and youth. Primary schools are visited regularly throughout the year, with the aim of promoting healthy development and wellbeing so students may reach their full potential. A major part of the work is focused on early intervention and the School Entry Health Assessment program. Community Nurses serve as a health contact point for children and their families, providing information, assessment, health counselling and referral. The services provided are free and confidential. Services include:

- health and development assessments and surveillance, eg: vision, hearing, growth
- parenting information and advice
- referral to other health services (e.g. Child Development Service, GP)



If you have a concern about your child's health or development, please make contact on 9258 8053.

### Parents and Citizens' Association



Next Meeting  
Monday 22 March, 7 pm, library

Second Hand Uniforms  
The second hand uniform shop is open on Monday mornings between 8.15 to 8.45 am in the School Board room.

# APPLY NOW

## ROSSMOYNE SENIOR HIGH SCHOOL SPECIALIST PROGRAMS

Applications for selective entry into our Approved  
Specialist Programs for Year 7s commencing in  
2022 are open now until March 31, 2021.




MATHEMATICS | CLASSICAL MUSIC | VOLLEYBALL  
APPLY AT [WWW.ROSSMOYNE.WA.EDU.AU](http://WWW.ROSSMOYNE.WA.EDU.AU)



### Understanding Anxiety and Depression in Youth

Family and Relationship Services

**For Parents of children aged 12-18 years**

1-session  
Workshop Overview

Do you have a young person in your life that may be experiencing anxiety or depression?

This online workshop covers the challenges experienced by anxious and/or depressed adolescents and provides practical ideas and tips for parents and carers to assist their child and themselves.

Please provide your full name, contact number and postcode when registering via e-mail. Bookings are essential as places are limited.

**DATES**  
Monday  
22 March 2021

**TIME**  
8.30pm - 8.30pm

**LOCATION**  
Lynwood Youth and Family Centre  
11 Edgeware Street  
Lynwood

**COST**  
Free


**CRECHE**  
Not available

**BOOKINGS**

9251 5777

[parenting@communicare.org.au](mailto:parenting@communicare.org.au)

<https://uadinyouth.eventbrite.com.au/>



**COMMUNICARE**  
CREATING FUTURES

Family and Relationship Services is funded by the Australian Government Department of Social Services



# Small changes, big differences.



## Give your child the best start in life! with Triple P (the Positive Parenting Program)

Free two-hour seminars offer simple, practical strategies to:

- promote your child's development and independent skills
- encourage positive and cooperative behaviour
- raise confident and resilient children
- strengthen relationships

### Attend Triple P at Oberthur PS in Term 1, 2021!

<b>The Power of Positive Parenting</b> Tuesday 9 <sup>th</sup> March 6:30-8:30pm Tips to help your child develop and behave positively & for your self-care To register for this session, <a href="#">click here</a>	<b>Raising Confident, Competent Children</b> Tuesday 16 <sup>th</sup> March 6:30-8:30pm Tips to help your child be confident, successful & respectful To register for this session, <a href="#">click here</a>	<b>Raising Resilient Children</b> Tuesday 23 <sup>rd</sup> March 6:30-8:30pm Tips to help your child manage emotions & cope with disappointment To register for this session, <a href="#">click here</a>
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All sessions will take place at Oberthur Primary School in the Library.

You can book your free place to one, two, or all three sessions now by clicking the links above, searching for them by location at: [www.triplep-parenting.net.au/wa](http://www.triplep-parenting.net.au/wa), or visit / phone Oberthur PS front office on 9237 6700.

\*No child-minding available, and it is recommended that children are not brought along to the sessions.

[www.triplep-parenting.net.au/wa](http://www.triplep-parenting.net.au/wa)



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Free two-hour seminars offer simple, practical strategies to:

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- encourage positive and cooperative behaviour
- raise confident and resilient children
- strengthen relationships

### Attend Triple P at Bull Creek Primary School in Term 1, 2021!


<b>The Power of Positive Parenting</b> Thursday 11 <sup>th</sup> March 9-11am Tips to help your child develop and behave positively & for your self-care To register for this session, <a href="#">click here</a>	<b>Raising Confident, Competent Children</b> Thursday 18 <sup>th</sup> March 9-11am Tips to help your child be confident, successful & respectful To register for this session, <a href="#">click here</a>	<b>Raising Resilient Children</b> Thursday 25 <sup>th</sup> March 9-11am Tips to help your child manage emotions & cope with disappointment To register for this session, <a href="#">click here</a>
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All sessions will take place at Bull Creek Primary School in the Library.

You can book your free place to one, two, or all three sessions now by clicking the links above, searching for them by location at: [www.triplep-parenting.net.au/wa](http://www.triplep-parenting.net.au/wa), or visit / phone Bull Creek PS front office on 6216 4400.

\*No child-minding available, and it is recommended that children are not brought along to the sessions.

[www.triplep-parenting.net.au/wa](http://www.triplep-parenting.net.au/wa)



# CULTURAL LEARNING

with Djirrilly Dreaming

The Bannister Creek Catchment Group would like to invite you to a special event to learn about Australia's oldest culture. Cultural Learning with Djirrilly Dreaming is an interactive and community focused event for the community of Canning. Come along and join us to learn about:

- String making
- Fish fences making
- Presenting bush medicine found within the reserve
- Sharing indigenous stories



**DATE:** 13<sup>TH</sup> of March 2021

**TIME:** 9:30AM to 1:30PM

**LOCATION:** Bannister Creek Reserve - Jaccard Way Lynwood

**SPEAKER:** Belinda Cox from Djirrilly Dreaming

**THIS IS A FREE COMMUNITY EVENT FOR ALL!**

RSVP your spot at [clarenobrien@sarcuol.org.au](mailto:clarenobrien@sarcuol.org.au) or phone us on 9458 5664

This project is funded by the Swan Canning River Recovery Stage 3, supported by Perth Metro through funding from the Australian Government



# BETTER HEALTH PROGRAM

Be fitter, healthier and happier!

The Better Health Program is a free 10-week healthy lifestyle program for 7-13 year old children who are above a healthy weight, and their families. The program is available face-to-face or online in selected areas throughout Australia.  
*Get in touch to find out if the program is available near you!*



One-on-one phone-based or face to face health coaching



Free fitness tracker\*, freebie packs and rewards  
\*Online program only



Online or face to face activity sessions and resources

**To register or find out more:**  
1300 822 953  
[betterhealthprogram.org](http://betterhealthprogram.org)

Follow us on social media  
Better Health Company  
[Facebook](https://www.facebook.com/betterhealthcompany)  
[Instagram](https://www.instagram.com/betterhealthcompany)  
[YouTube](https://www.youtube.com/betterhealthcompany)

The Program is funded by government agencies throughout Australia.  
Call the helpline on 1300 822 953  
to find out if the program is available in your area.

## YEAR 4-6 GIRLS PRE-SEASON - 18/03



### Rossmoyne Junior Football Club

#### Pre-season Training – Thursdays 430-545PM

We invite girl players and any girls - grades 4-6 - who'd like to come along and Have a Go.  
Meet the coaching staff, join in with the team and give AFL a go.

Our new change rooms and club facilities. Request your jumper number and size.  
Various sizes of pre-loved football boots available to you for a small donation.



For more information about our all girls teams please call Sharn Avery on 0433 383 076  
or email [registr@rossmoynejfc.com.au](mailto:registr@rossmoynejfc.com.au)

# COME & TRY KAYAKING

## 14 MARCH & 18 APRIL

### CHAMPION LAKES REGATTA CENTRE

2.00-3.00pm

LIMITED NUMBERS, BOOKINGS ESSENTIAL: CALL ROBYN 0401311817  
OR EMAIL [ROBYN.CLBCMEMBERSHIP@GMAIL.COM](mailto:ROBYN.CLBCMEMBERSHIP@GMAIL.COM)