



# ROSSMOYNE REFLECTIONS

NEWSLETTER NO. 11  
Friday 20 November 2020

Virtue of the Month for November—Honesty  
Next Newsletter—17 December 2020

*Together we empower global citizens.*

## PRINCIPAL'S MESSAGE

### New Pre-primary Playground

Our new Pre-primary playground was installed this week, and it is AMAZING! Everyone was very excited and enthusiastically watched it being installed. The Pre-primary children had their first play on the playground yesterday, and they gave it a double thumbs up! They commented on how exciting and challenging it is.

Thank you to everyone who pays their annual P&C voluntary contributions, which allowed the P&C to provide \$25 000 towards our playground. This support, together with funds from the school and the Department of Education, ensured this \$55 000 project eventuated. Thank you to the parents who were on the Playground Committee, and contributed their time and ideas. Thank you also to all the staff involved managing this project, including Mrs Banks, Mrs Ashby and Mrs Blankley. It has been a long time coming but the new playground is a wonderful addition to our Pre-primary. Our Junior Primary students will also be invited to play on the new playground in the coming weeks.

Thanks P&C!

On behalf of the school community, I would also like to thank the P&C for contributing \$250 to the ySafe Cyber Safety Parent Education Session which was held recently. The feedback from parents/carers who attended has been very positive.



In addition to their ongoing financial support, our P&C also organised and ran the free dress discos on 30 October, despite the challenges presented by Covid-19, which required extra planning and preparations. Thanks P&C!

### 2021 Class Placements

Should you wish to submit a request about **your child's classroom**



placement for 2021 based on their educational, social or emotional needs, please email me at rochelle.williamson@education.wa.edu.au by 9 am on Monday 23 November. Please do not send requests for particular teachers as they will be respectfully ignored.

### 2021 Professional Learning Days

Our 2021 Professional Learning Days will be held on the following dates—8 June, 9 August and 11 October. Students will not attend school on these days. Please consider these dates if you are planning family trips or long weekends away.



Free Career Information for you and your Child: *myfuture*

You and your child now have free access to the *myfuture* ([myfuture.edu.au](http://myfuture.edu.au)) website, a nationally recognised career resource. The world of work has been evolving rapidly over the last few years. The emergence of COVID-19 has likely accelerated this process, with people all over the world now embracing different ways to work and

**collaborate with each other. It isn't the same as when we entered the workforce.** Your child will need to be agile, adaptable to change, and have skills that can be used across many different types of jobs and career pathways. The *myfuture* site will help you and your child navigate this change. It provides easy to use, high-quality, up-to-date career information from reliable sources. It will empower your child to explore how their values, interests and skills relate to a wide range of career options and learning pathways. As a key influencer, you will also have access to the site so that you can discover more about the new world of work, and provide support to your child as they build their career development skills. Education Services Australia is hosting a webinar to help people become familiar with the site. You can register your interest at: [myfuture webinar expressions of interest, registrations close 30th November.](https://myfuture.edu.au/webinars)

*Rochelle Williamson*

Principal

### Upcoming Events

- \* 30 Nov. - P&C Meeting, 7 pm, library
- \* 10 Dec. - Rm 14 Assembly
- \* 14 Dec. - Semester 2 Reports available on Connect
- \* 16 Dec. - Year 6 Graduation
- \* 17 Dec. - last day of school for students
- \* 18 Dec. - office closes for holidays at 11 am

## Our 2018 to 2020 Priority Areas

1. Excellence in Teaching
2. Successful Students
3. Health and Well-being
4. A Connected Community

## Our Code of Conduct

School community members will display behaviours that uphold our four school values—integrity, respect, courage and belonging.



## Merit Certificates

Congratulations to the following students who received  
Merit Certificates at our recent assemblies. Keep up the great work!

Room 8 Adelaide Lawson Ellise Florence	Room 9 Nikita Kammi Joshua Laura	Room 10 Maya Ethan Ivy Mateo
Room 13 Geoffrey Kate Connie Nicholas	Room 14 Celeste Zac Kimmy Riley	Room 15 Harry Baylen Scarlett Khalil
Room 16 Harrison Lisa Sabrina Jayven	Room 17 Jad Connor Seth Kevin	Room 18 Abigail William Chloe Spencer Cayson Aiden
Room 19 Kalila Aidan Shri Daniel	Room 20 Aran Liam H Liam C Kaushikraaj	Room 21 Nate Alvand Kane Anakha
Room 22 Daniel Anusuya Steven Arianne	Room 23 Penny Jesse Pilot Sophia	Room 24 Jackie Cade Finlay Boitshepo
Room 25 Brian Ethan Matthew Farhan Matthew S	Room 26 Amy Ruben Charlize Ella	Languages (Chinese) Mateo Ruth George Kelly

### River Rangers Update

There has been a wonderful addition to our Noongar Seasons Garden. Under the guidance of Ken Allen from Junkadelic, the River Rangers created a sculpture of a maali (black swan) made entirely out of recycled materials. The body of the maali was made from large plastic containers and flexible plastic buckets. Old discarded black plastic pots and the leftover tuber pots from the Noongar plants were intricately crafted to form feathers. Traffic bollards were shaped into the neck, and the end of an old vacuum cleaner hose was used for the beak. The blue mosaic base, representing a pond, was made from wood and plastic lids. You may even see some of the plastic lids that you have brought in for recycling hidden in the mosaic! The River Rangers are always looking for ways in which to benefit the environment. We hope that the maali helps raise awareness of the importance of extending the life of materials to reduce the amount of waste we general.



### Media Arts Self-portrait Competition

Self-portraits tell a story of who we are or who we imagine ourselves to be. Students have been working hard using their photography and media skills to create self-portraits with impact, that tell a story and evoke emotional responses. Some have been entered into the school wide Media Arts competition. The works will be displayed in the library corridor and the judging will occur next week. Winners will be announced in the next newsletter.





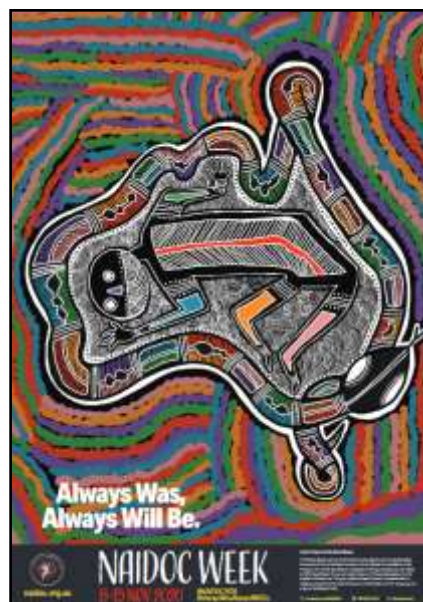
## 2020 Soiree

Congratulations to all of our students who participated in the Soiree held at the Rossmoyne Senior High School Auditorium on Friday 6 November. It was a wonderful evening that was enjoyed by all who attended. Thank you to Mrs Tran for her organisation of this event and to all of our Instrumental Music teachers who have worked with our students throughout this year.



## NAIDOC Week

Yesterday we celebrated NAIDOC Week with an assembly that was run by Room 18. A Noongar elder, Marie Taylor, came to our school with her brother Uncle Brett, and they lit peppermint leaves in a fire pit for a special smoking ceremony. Every class in the school lined up and respectfully walked through the smoke. Smoking ceremonies are an ancient custom among Aboriginal Australians which acknowledge the ancestors and pay respect to the land, waters and seas of country. The smoke is believed to have healing and cleansing properties. It not only purifies a specific area but also cleanses the spirit, body and soul whilst you are on Noongar Country. It also helps to ward off warra wirrin – bad spirits and to bring in the blessings of the kwop wirrin – good spirits. After the students and teachers moved through the smoke, they spiked small Aboriginal and Torres Strait Islander flags into the grass, as well as hands that were decorated with Noongar symbols of the land (boodja), sky (worl), tracks (bidi), people (noongar), tools (boya/boorn), plants, and animals. This created a whole school art installation that looked magnificent. Marie also delivered a poignant and funny Welcome To Country in her Noongar language. For many, this was a new experience and everybody seemed to benefit from the healing and cleansing nature of the ceremony. Happy NAIDOC Week 2020!



### Art Competition Winners!

Congratulations to all the Year 6 girls from Room 25 that contributed to one of the winning paintings in the Bunnings 'Sing Like Spring' classroom art competition. Last term, the girls received an initial donation of an MDF board and some 'chubbie' paint sticks from Bunnings. They began the art work by painting the board white, then slowly added colours and details. The girls needed to weave the theme of spring into their painting so decided to base the painting on a water colour landscape previously painted by Chyara. They won a sustainability pack that included a large pot, soil, trowels, and gloves, and lettuce, cucumber and tomato seeds. The seeds have now been planted in our school vegetable patch. The painting is currently on display in the library and a photo of all the competition entries are displayed on the Bunnings community noticeboard. Well done girls!



### West Oz Wildlife Visit

Our Pre-primary children have been learning about Australian flora and fauna, caring for the environment, and sustainability. As a part of their program, they had an exciting visit from West Oz Wildlife on 5 November. The West Oz ladies brought in a koala, a dingo, two pythons and a bobtail goanna which the children got to touch. They learnt some very interesting facts too!



### Re-gifting for Christmas—St Vincent De Paul Christmas Appeal

Now is the time of year that we go through our present boxes and sort out things we no longer need. **Sometimes we have unfortunate presents. They could be "a double up", things we would never use, and sometimes our children or family have gifts they didn't get around to using. All these lovely gifts are still "as new" and could be "re-gifted".** The children in Pre-primary are collecting "as new" presents for the St Vincent de Paul Christmas Appeal as part of learning to be altruistic, caring and responsible citizens. Please send to, or place your gifts in, the box outside Room 17. Of course, you can also buy a gift to surprise someone less fortunate than ourselves on Christmas morning. The gifts are for all age groups. We hope you can help us to make the festive season special for all Aussies. Thank you!

From the Pre—primary children and staff.



### Our NEW Pre-primary Playground!

## ACKNOWLEDGEMENT OF COUNTRY

We acknowledge that we are on Noongar Wadjak land.  
We show respect to all Noongar people who are living here now. We remember the Noongar ancestors who shared their knowledge and stories that will always continue through future generations. Rossmoyne Primary School is close to the river which is home to many trees, plants and animals.  
We are all connected to Noongar Wadjak land.

English to Noongar translation: Ngalak Kaadatj Noongar Wadjak boodja.

Noongar to English translation: Nyar-luck kud-itjch noong-ar wud-juck bood-jar.  
Noongar to English translation: We acknowledge Noongar Wadjak country.

Ngalak Kaadatj Noongar moort koora koora yeyi wer boodakan.

Noongar to English translation: Nyar-luck kud-itjch noong-ar moort coo-ra coo-ra yay were bor-dar-carn.  
We acknowledge Noongar families long ago now and future.

Rossmoyne Primary School baal bilya-ngat ali boola boorn, dek

Rossmoyne Primary School barl bil-yar-nyut u-lee bull-ar born dek  
Rossmoyne Primary School it river near where lots trees, plants

wer barna nyinyiny. Ngalak Noongar Wadjak boojda-k dayin.

we were barn-ar nin-ing. Nyar-luck Noong-ar Wud-juck bood-juck day-in.  
and animals living. We Noongar Wadjak country connected.



Aboriginal flag illustrated by Jack Jones. (Black for the night sky & people, yellow for the sun, red for the land & blood.)

## Our School's Acknowledgement of Country

Last term, Sharon Gregory, a Noongar language teacher, came to our school to run a workshop with Jack, Khalil, Shaleigha and Miss Sas. Firstly, Miss Sas took Sharon down to the river so she could see some of the animals and plants in our beautiful area. Then the workshop started. Sharon showed us a map of Noongar land which extends from Geraldton all the way to Esperance. Noongar Aboriginal people have lived in this area for over 45,000 years! Sharon showed us that we live in the Wadjak area. We talked about our school and Aboriginal culture and together we wrote an Acknowledgement of Country that is unique to our school.

An Acknowledgement of Country are words of respect to remind us that when we walk around Perth and our school we are walking and living on Aboriginal land, on Noongar Wadjak land.

Sharon translated our new Acknowledgment of Country from English into the Noongar language. She also taught us how to say the words in Noongar. We are proud of this achievement.

## Parents and Citizens' Association

### P&C Meeting

The last meeting for this year will be held on Monday 30 November, at 7 pm in the library.  
Everyone is very welcome to attend.

### Second Hand Uniform Shop

The Second Hand Uniform Shop is open on Monday mornings between 8.15 to 8.45 am.

### Book Club

Issue 8 closes on Monday 30 November.

If you're placing an order for items which you'd like to give to your child as Christmas presents, please email Mel Boston, our Book Club Coordinator, at [melanieann.boston@gmail.com](mailto:melanieann.boston@gmail.com)

Mel can then arrange for you to collect your order from the office rather than it being distributed to your child.

### City of Canning Resilience Grant

We were recently notified that our application for a Resilience Grant from the City of Canning was **successful! We have been granted \$1804.14 which will be spent by our school's Health and Wellbeing Committee, with the support of our Chaplain, Mrs Shapcott, to establish a Parent Library. Parents will soon be able to borrow books through their child's library code about topics such as Resilience, Cyber Safety, and Mindfulness, so they can support the development of their child/ren's knowledge in these areas. Borrowing will commence early next year.**

Thank you to all those involved in writing the grant application including Mrs Webb, Mrs Spencer-Teo, and Mrs Ashby.

Of course, we would also like to thank the City of Canning for their support.



VacSwim swimming lessons

Enrolments are now open for VacSwim swimming lessons during the summer school holidays. VacSwim in January offers fun lessons at beach or pool locations during the long break. Not only are they a great school holiday activity, they teach

valuable safety skills to help keep your child safe in the water. Your children can start as young as five years old. **Don't wait!**

Enrol your children in VacSwim now at [education.wa.edu.au/vacswim](http://education.wa.edu.au/vacswim)

**COVID-19**



Department of Health



# Protect yourself and others



## WASH HANDS

often with soap and water, or hand sanitiser



## COVER COUGHS

and sneezes with a tissue or inner elbow



## STAY HOME IF SICK & GET TESTED

even with mild cold or flu-like symptoms



## PHYSICAL DISTANCE

keep at least 1.5 metres away from others where possible



## CLEAN SURFACES

and disinfect objects regularly



## GET THE APP

to help identify people exposed to COVID-19

[healthywa.wa.gov.au](https://healthywa.wa.gov.au)



# CALLING ALL GIRLS!

## Rossmoyne Junior Football Club is waiting for you in 2021

New and returning players of all abilities are welcome to join our family friendly Club

- Auskick (Pre Primary – Year 2);
- Junior Mixed Football (Year 3 – Year 6); and
- Girls only Competitions

**YEAR 4 - 6 GIRLS ARE INVITED TO JOIN A NEW GIRLS ONLY TEAM  
IN AN ALL GIRLS COMPETITION IN 2021 (Sunday Mornings)**



For more information about our all girls team please call Sharn Avery on 0433 383 076  
Or to register your interest and become a Rossmoyne Raider today visit:

[www.rossmoynejfc.com.au](http://www.rossmoynejfc.com.au)      [registrar@rossmoynejfc.com.au](mailto:registrar@rossmoynejfc.com.au)

PEETH FLYING SQUADRON YACHT CLUB

# WOMEN & GIRLS COME TRY DAY

## Sunday 22 November 8:30am till 1:00pm

Want to sail but aren't too sure if this is the sport for you?  
This is your opportunity!!!

Get a group together with your family & friends, come down the Club and see what all the fuss is about!

This is a free service for this day only.

All abilities are welcome!




**DETAILS:**  
 8:30am - Adventure Sail/Activities  
 11:30am - Guest Speaker: Gina Pickering from the Yachting WA Board  
 12:30pm - BBQ Lunch - \$20/person (optional)  
 2:00pm - PFSYC Sunday Racing (optional)

**BOOKINGS ARE ESSENTIAL . TO REGISTER CALL RECEPTION ON (08) 9386 6437 . EMAIL [MEMBERS@PFSYC.COM.AU](mailto:MEMBERS@PFSYC.COM.AU) OR VISIT [WWW.PFSYC.COM.AU](http://WWW.PFSYC.COM.AU) TO REGISTER ONLINE**









## PARENTING OUR KIDS WITH ADHD

Strategies to help them thrive presented by Lou Brown.

Parenting a child with ADHD can be challenging but it can also be a rich and rewarding experience, especially if we learn to pro-actively parent our children from an ADHD perspective using a compassionate and empowering approach.

This workshop is designed to help you really understand ADHD and the many ways it manifests in your child's life, both in their unique gifts and their individual challenges.

Wednesday 25 November | 10.00AM to 2.00PM  
 Don Russell Performing Arts Centre  
 Lot 13 Murdoch Road  
 Thornlie

To register:

P | 9251 5777

E | [parenting@communicare.org.au](mailto:parenting@communicare.org.au)

B | [parentingkidswithadhd.eventbrite.com.au](http://parentingkidswithadhd.eventbrite.com.au)



## BODY CONFIDENT CHILDREN & TEENS WEBINAR

SUPPORTING BODY CONFIDENCE AND HEALTHY RELATIONSHIPS WITH FOOD AND EXERCISE IN YOUNG PEOPLE



WEDS, 2<sup>ND</sup> DEC 2020  
 6-7.15PM (AUSST)  
 VIA ZOOM

Live - No recording available

AUDIENCE: Parents & Community

SESSION LENGTH: 1hr-15mins

COST: FREE

BOOK NOW

Link not working? Copy to browser:  
<https://www.butterfly.org.au/parenting/1748478000/ParentingWebinar20200901300-Name-BCCT02/12-webinar>

Contact:  
 Education@butterfly.org.au  
 T: 02 8455 3908  
[www.butterfly.org.au](http://www.butterfly.org.au)

With so many conflicting messages about weight and shape and many adults struggling with their own body image it can be difficult for parents to know how best to support their child as they move through adolescence.

This valued and informative seminar for carers of primary and secondary age children gives practical tips to help your bodies understand and promote a healthy body image in the home.

Delivered by the Butterfly Foundation for eating disorders and body image

In this session you will cover:

- Overview of body image and the importance of prevention
- The spectrum of body and eating issues
- Key influences on body image, including social media
- The impact of diet as a food weight stigma
- Building counter-myths around eating disorders
- Reducing appearance talk and how to respond when a child expresses negativity towards themselves/others
- The power of role modelling positive body image and behaviour
- Understanding warning signs and the importance of early intervention

### TESTIMONIALS

"So glad to hear from a school parent on how best to help your child to know what is the 'right' amount of practical diet"  
 Parent WA



**Pioneer Heritage Hunt**  
**TAKE THE PIONEER CHALLENGE**

**About Pioneer Challenge**  
 Pioneer Challenge is a charity heritage hunt adventure in Western Australia. It is a fun, exciting pioneer adventure game played on the modern mobile device. The game encourages tourism within our state and takes people to places off the main tourist routes.

*Spending time with our family in the country was truly wonderful. We discovered fun places and have stories and memories to last a lifetime" - Judy*

**How the game is played**  
 Once registered, the game will issue players with three surprise pioneer towns along route 120. Within these pioneers' towns, players need to find three specified pioneer graves at the local cemetery and historical clues within the township.

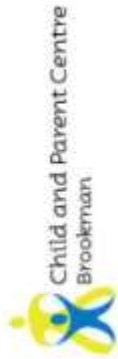
There are fantastic prizes to be won, including a first prize of a 7-night holiday for 6 people at Pease Rise Retreat in Denmark, WA valued at \$2,500.

**Get Your Team Ready**  
 Get your family and friends together and form a team for this fun and exciting adventure. Register your team at [www.pioneerchallenge.com.au](http://www.pioneerchallenge.com.au).

**Rotary**  
 Funds raised support Rotary charity projects and IGLHR Memorial Race Garden

**120**  
 York, Beverley, Brookton, Pingelly, Popanyinning, Cuballing, Narrogin, Wagin, Woodanilling, Katanning, Broomehill, Tambellup, Cranbrook, Tenterden, Mount Barker, Albany

**pioneerchallenge.com.au**



# Triple P – Seminar 1

Make parenting easier by teaching your child the social and emotional skills they need.



## SEMINAR 1

### The Power of Positive Parenting

Introduces the core principles of positive parenting, having realistic expectations and taking care of yourself as a parent.

**This workshop is available both at the centre AND online**

**CHILD AND PARENT CENTRE**

**DATE:** 11<sup>th</sup> December 2020

**TIME:** 9am to 11am

**LOCATION:** Child and Parent Centre Brookman (at the rear of Brookman Primary School)

**ONLINE**

**DATE:** 9<sup>th</sup> December 2020

**TIME:** 6pm to 8pm

**LOCATION:** ONLINE

Login details will be sent on registration

Register for the **FREE** seminars by

Email [CPCBrookman@parkerville.org.au](mailto:CPCBrookman@parkerville.org.au) or call 9235 7032 or

download the APP "Child and Parent Centre Brookman"



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